

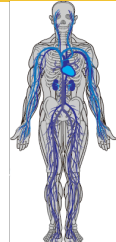




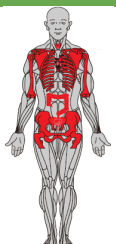





NAME:	John Doe	M	DATE:	2/1/2025	AGE:	53
PHONE:			EMAIL:		DOB:	11/10/1971




Complaints / Symptoms	NOTES
GI issues History of Cancer in Family Sleep Pain A- Blood Hair Loss Weight Gain	Check for possible Vitamin D Toxicity

VOICE ANALYSIS SUMMARY

1st Zone Affected
Zone 8    <p>Physical Areas Being Affected Heart, Circulation, Absorption Of Nutrients In The Blood, Liver Function, Metabolization Of Fats, Bones, Arthritis, Brain Neurotransmitters, Kidney Meridian, Lower Legs And Muscles Leg Cramps</p> <p>Emotional Areas Being Affected Fearful and Overwhelmed vs. Accountability - Overwhelming demands can inhibit joy and pleasure, leading to overworking, impatience, and anger. Fear often accompanies these feelings, especially in those pressured to grow up too quickly. A harsh upbringing can lead to guilt and further inhibit joy. Fear and overwhelm can affect the stomach, blood sugar, muscles, balance, and physical sensation.</p>

2nd Zone Affected
Zone 1    <p>Physical Areas Being Affected Thyroid, Lymphatic system, Bladder, Reproductive organs and hormones, Pericardium and heart muscles, Small intestine and slow digestion, Pelvic sacral muscles referring to thorax, shoulders & elbows</p> <p>Emotional Areas Being Affected Unacknowledged - People who feel unacknowledged often rely on external validation rather than their own traits for self-worth. This usually stems from childhood criticism, teasing, punishment, abuse, or bullying. It can lead to defensiveness, low self-esteem, depression, harsh self-judgment, and poor memory. Self-Validation - Developing self-worth and recognizing one's unique attributes is essential for happiness. By overcoming negative childhood experiences, one can gain confidence, higher self-esteem, better memory, and overall life enjoyment.</p>

3rd Zone Affected
Zone 2    <p>Physical Areas Being Affected Kidney - Water Retention, Intestinal Membranes and Digestive Processes, Heart Meridian, Rectum and Urethra, Muscles of Neck, Shoulders And Arms, Cervical Subluxations, Tendons and Ligaments, Tonsils, Skin</p> <p>Emotional Areas Being Affected Repetitive Thinking - Limiting right brain access can cause repetitive thoughts, with the left brain running in endless loops. This hampers new ideas, creativity, and artistic abilities. Genetic patterns and life experiences can fuel doubt, fear, and overwhelm in creative efforts. Repetitive thinking can lead to depression, affecting brain function and physical coordination. Creative and Independent Thinking - Releasing negative patterns from life experiences restores creativity, broader perspectives, and more effective problem solving.</p>

4th Zone Affected
Zone 7    <p>Physical Areas Being Affected Small Intestine, Nervous System, Stomach Acid, Hypothalamus, Pituitary, Hearing, Neurological Process, Sympathetic Nervous System, Mental Weakness, Nervous Breakdowns, Poor Memory, Digestion Problems From Emotions, Heartburn, Indigestion Due To Food Allergies, Blood Pressure</p> <p>Emotional Areas Being Affected Anger vs. Acceptance of Change - Subconscious anger can manifest from small inconveniences, like road rage. Anger is a defense mechanism triggered by perceived threats, often covering up grief from loss or betrayal. Chronic worry and indecision can precipitate anger, leading to muscle tension, heart problems, and digestive issues. While not all anger is unhealthy, it signals that "something must change." Accepting change and releasing subconscious anger can bring harmony and the ability to appreciate beauty.</p>

Primay Organ Focus	Secondary Organ Focus	Hidden Areas
Liver Prostate Bone Marrow Thyroid: T3, T4	Heart Lung Governing: Brain, Nerve, Kidney	Pancreas

Elevated Risk Areas

Bacteria levels are at an elevated level across the body, specifically potentially impacting breast tissue. Other toxins such as mold and heavy metals also are prevalent specific impact on the urinary tract system as well as blood production. High levels of mercury and aluminum were found to exist. Mild exposures to pesticides are also impacting reproductive and hormone production in the body.

You from the general vitals indicate neutrophils being at an elevated risk along with MCV. Elevated neutrophils can be an indication of parasitic infection or other allergic reactions often induced by liver congestion and or a compromised liver. MCV issues also indicate that the body is not able to carry as much oxygen as it should to the rest of the cells. Specific areas in the cardiovascular saturation of O2 and arterial resistance is also high compared with blood band.

Specific amino acids and enzymes such as histidine lysine serine chymotrypsin lipase and pepsin Are deficient.

Allergies indicate as being high. Bacteria also indicate high with three lime coinfections that seem to exist along with multiple GI related issues. Fungal risk shows 1 candida along with two total. Parasitic load is moderate to high some skin related bacteria and or parasitic load seems to exist along with Toxocariasis, a parasite that can often travel throughout the body. Virus level also seems to be high specific concern leading to coxsackie virus along with EBV and other related viruses that can impact liver function seem to be higher than normal.


Summary

MTHFR Issue seems to exist verifying that client is having a problem with iron levels in the body. These issues are causing a systemic breakdown in nutrient absorption and oxygenation of other cells along with detoxification. The protocol will support boosting the body's immune system specifically with bacterial load and supporting the liver function. We will also be using a product to enhance and support proper hormone levels in the body which includes circulation.

The recommended Custom Complete formulation will include quercetin which can be extremely beneficial to those that are not able to bind iron. This ingredient helps to reverse that issue. Additionally we recommend adding in PHOS PRO. This product naturally inhibits iron absorption in the gut which should reduce any bowel related issues. This product is also a natural chelator and will help to reduce calcification in the arterial walls. The Custom Complete Will also contain other ingredients such as Hawthorne Suma Omega-3 and NAD+ to help support cellular function, And reduce the level of iron in the blood.

This combination of ingredients and custom complete should also help support oxygenation and detoxification in the body period. Additional support for respiratory tract as well as using phosphatidylcholine in the custom complete may also be added to help support overall Wellness including reduction in weight by using InnoSlim.

Diet

Paleo Diet 	<p>Paleo Diet - A paleo diet is an eating plan based on foods humans might have eaten during the Paleolithic Era. The Paleolithic Era dates from around 2.5 million to 10,000 years ago. A modern paleo diet includes fruits, vegetables, lean meats, fish, eggs, nuts and seeds.</p>	<p>Paleo Diet - Fruits, Vegetables, Nuts and seeds, Eggs, Lean meats, especially grass-fed animals or wild game. Fish, especially those rich in omega-3 fatty acids, such as salmon, mackerel and albacore tuna. Oils from fruits and nuts, such as olive oil or walnut oil.</p>
Maker's Diet	<p>Maker's Diet - The nutritional aspect of the diet is based on ancient Jewish dietary laws. Pork and bacon are to be avoided, as are fish without fins or scales (i.e. shellfish). Food in it's most pure and natural form is to be eaten. There are also a considerable list of 'required' supplements on the list.</p>	<p>Maker's Diet - Low carbohydrate, high-fiber foods such as broccoli, cauliflower, berries, grapes, certain seeds, nuts, grains, and legumes. Natural fats including those found in fish, cod liver oil, and the saturated fat found naturally in butters, cheeses, milk, and creams are also permitted.</p>
Mediterranean Diet	<p>Mediterranean Diet - The foundation of the Mediterranean diet is plant foods. That means meals are built around vegetables, fruits, herbs, nuts, beans and whole grains. Moderate amounts of dairy, poultry and eggs are part of the Mediterranean diet, as is seafood. In contrast, red meat is eaten only once in a while.</p>	<p>Mediterranean Diet - A Mediterranean-style diet is based on these foods: vegetables, fruits, extra virgin olive oil, wholegrain breads and cereals, legumes or beans (e.g. chickpeas, kidney beans or lentils) nuts and seeds, fish and seafood, onion, garlic and other herbs and spices (e.g. oregano, coriander, cumin etc.)</p>

Exercise**Cardiovascular Exercises**

Cardiovascular Exercises - These exercises are designed to increase heart rate and breathing rate to improve cardiovascular health. Examples include running, cycling, swimming, and jumping rope.

Yoga

Yoga - This is a mind-body exercise that focuses on breathing, flexibility, and strength. It can help to reduce stress, improve posture, and increase flexibility.

Functional Training

Functional Training - This type of exercise focuses on movements that mimic everyday activities. It can help to improve balance, flexibility, and overall fitness.

CLIENT SCHEDULE

Supplement	Dose	Schedule	QTY	Notes
ARWY PRO	<input type="checkbox"/> 2 Caps/Tabs	2x Daily	2	
BODY RGN	<input type="checkbox"/> 5 Sprays/Drops	2x Daily	1	
IMMU PRO	<input type="checkbox"/> 6 Sprays/Drops	1x Daily	3	
FML PRO	<input type="checkbox"/> 7 Sprays/Drops	2x Daily	1	
GABA	<input type="checkbox"/> 1 Cap/Tab	1x Daily	1	Take as needed
	<input type="checkbox"/>			
	<input type="checkbox"/>			

Emotional Support Protocols

Delta - Alcohol, Sexual Dysfunction-Female, Weight Control, Marijuana, Euphoria

Custom Complete Base**Top 8 Ingredients**

Broccoli Concentrate	Broccoli Concentrate – This nutrient rich ingredient may help lower the risk of heart disease and help the body fight against cancers. Other uses include blood sugar control, brain function and detoxification.
Aloe Vera	Aloe Vera – Aloe Vera Powder exhibits antibacterial and antioxidant properties. This ingredient may help relieve symptoms of diabetes, such as lowering blood sugar levels, skin disorders, GI movements and other inflammatory conditions of the digestive system.
Blackcurrant	Blackcurrant – Blackcurrant extract contains anti-inflammatory, antiviral, antiseptic, antimicrobial, and antitoxic properties. This ingredient boosts the immune system. The omega fats and flavonoids contained in blackcurrant berries may protect against heart disease and improve blood flow to the heart.
Endocrine Support	Endocrine Support – This blend supports the endocrine system by combining pantothenic acid, manganese, and adrenal and pituitary sources. This combination helps your body to utilize vitamins, improve energy production and ensure proper liver function. Pantothenic acid supports the health and function of adrenal glands.
Chaga	Chaga – Chaga is used to help lower blood sugar and may help with lowering cholesterol and blood pressure levels. With antioxidant and anti-inflammatory properties, Chaga is often used for arthritis and even slowing down the progression of cancer cells.
Histamine Support	Histamine Support – This blend is important for the immune system when compromised by environmental or intrinsic factors. By combining calcium, iron, and vitamin B12, they each help to stabilize the mast cell membranes, reduce erythema caused by a histamine reaction and assists in the releasing of the histamine reactions to support this function.
Camu Camu	Camu Camu – This ingredient is high in ascorbic acid (vitamin C) and is used to help fight viral infections. Camu Camu may also help with weight loss by controlling blood sugar levels and inflammation.
L Theanine	L Theanine - This ingredient supports stress-relief/anxiety, boosts focus, and enhances immunity by reducing inflammation. May also support blood pressure and improve sleep. Often added as a powerful anti-oxidant commonly used in excess ENOX2 therapy treatments to boost effectiveness.
Hawthorn	Hawthorn – This berry is loaded with antioxidants and can be used to help protect against heart disease, high blood pressure and high cholesterol and heart failure. By helping with circulation in swollen legs and feet, this ingredient may even improve insomnia. Human studies suggest Hawthorn increases coronary artery blood flow.
Beta Max	Beta Max – This formulation helps to support the liver, gallbladder, and pancreas. Calcium and Phosphorus are used to help regulate multiple hepatic functions such as lipid and carbohydrate metabolism and proper liver functions.